

ENGLISH

Spa Menu



BANYAN TREE SPA PHUKET

STEP INTO A SANCTUARY FOR THE SENSES

Going back to basics, where wellness is simply about embracing the nature and surrendering to the art of human touch are what our Founder and Executive Chairman, Mr. Ho Kwon Ping had in mind when he first started the spa.

These ideals became the cornerstones of Banyan Tree Spa, pioneer of the tropical garden spa concept. Over the years, the intuitive touch of our spa therapists, the seamless blend of serenity with exotic sensuality and the beauty of the natural environment have come to define the award-winning Banyan Tree Spa experience.

Enjoy the difference.



[EXCLUSIVE OFFERS](#)

[BANYAN SIGNATURES](#)

[TIME-HONOURED TRADITIONS](#)

[TAILORED FOR YOUR SENSES](#)

[FULL BODY MASSAGES](#)

[FUSION FOCUS](#)

[BODY SCRUBS](#)

[BODY CONDITIONERS](#)

[CALMING BATHS](#)

[FACIALS](#)

[HAND & FOOT TREATMENTS](#)



YEAR OF CELEBRATIONS AT BANYAN TREE

Banyan Tree Group celebrates 25 years of excellence and we'd like to thank you for being a part of this exceptional journey.

In celebration of this joyous occasion, **all guests will enjoy 25% savings on spa treatments***. It's our way of saying a big thank you for your continued support over the two decades.

Enjoy the difference.





TREAT YOURSELF TO A DELIGHTFUL TOUCH

Step into the intimate Banyan Tree Spa Phuket for a head to toe rejuvenation. Let the soothing hands of our therapists knead away tense muscles.

Indulge in any 60-minute full body massage at THB 5,000 and be entitled to upgrade the treatment to 90 minutes with an additional THB 250.

Conditions apply.





SENSORIAL TREAT IN YOUR PRIVATE SANCTUARY

Luxuriate in a private in-villa massage, let the therapist's soothing hands knead away tense muscles for a head to toe rejuvenation.

From 1 August to 15 December 2019, enjoy a 90-minute massage at an irresistible price of **THB 4,888** (U.P.: THB 6,000).

Available daily from 10.00am to 9.30pm. Last treatment to end by 9.30pm. Conditions apply.





BANYAN TREE SPA SPA WELLBEING PROGRAMME

Elevate your wellbeing with an immersive experience at Banyan Tree Spa Phuket. Personalise your programme with a wide selection of unique wellbeing activities and signature spa treatments and complement the experience with delectable culinary creations. All these at an exclusive rate for a limited time only.

Full Day Programme THB 12,900 per person

10am to 9pm

(Infinity Plus members: THB 11,000)

Half Day Programme THB 8,900 per person

10am to 4pm or 3pm to 9pm

(Infinity Plus members: THB 8,000)

Choice of Spa Treatments (Unlimited)

60-minute Body Massage, 60-minute Facial Treatment and 30-minute Body Scrub

Choice of Wellbeing Activities (Unlimited)

Balance Tuning, Body Tension Release, Herbal Therapy, Posture Alignment, Roller Recovery, Sole Foundation and Yoga Duo

**Both programmes are inclusive of a 90-minute Set Lunch.*





TRADITIONAL HERBAL THERAPY WORKSHOPS

Inspired by Thai traditional healing remedies, Banyan Tree Spa Phuket presents three workshops for interactive learning. Participants will return home with some useful tips to elevate their overall wellbeing.

Bunga Rampai (Aromatic Medley)

Create a personal potpourri mix with a touch of local inspiration of herbs and flowers.

Nam Man Plai (Purely Plai)

An insightful workshop that teaches you how to create your personalised therapeutic Plai Massage Oil.

Ya Dom (Alluring Scent)

The self-made inhaler will aid to relieve dizziness and motion sickness.

THB 1,500 per person/workshop (1 hour)

Maximum 6 participants. A 24-hour advance reservation is required.





BANYAN SIGNATURES

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

Royal Banyan

150-minute treatment

THB 10,500

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage • Jade Face Massage • Therapeutic Herbal Bath

Prices are inclusive of prevailing 10% service charge and 7% government tax.





BANYAN SIGNATURES

Sense of Place – Chevit

150-minute treatment

THB 10,500

Inspired by the Thai word meaning “life”, Chevit is a breath of fresh air from the daily hustle and bustle. Step back in time to revel in Thai wellness remedies and be comforted by your therapist’s healing touch which releases tension and stress.

Thai Classic Massage • Papaya Pineapple Refresher with Steam Bath • Cleansing Mitt Exfoliator • Aloe Lavender Moisturiser

Sense of Place – Cheva

150-minute treatment

THB 10,500

Inspired by the Thai word meaning “living”, Cheva creates harmony of the body, mind and spirit to enhance well-being. Escape into bliss as your therapist works on your tired muscles. Soak in the natural goodness of coconut oil and herbs, leaving your skin purified and renewed especially after exposure to harsh sun-rays.

Steam Bath • Gentle Touch Massage • Express Facial • Radiance Body Exfoliator • Scented Coconut Cleanser

Prices are inclusive of prevailing 10% service charge and 7% government tax.





BANYAN SIGNATURES

Master Therapist Experience

90-minute treatment

THB 7,000

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.



Prices are inclusive of prevailing 10% service charge and 7% government tax.



TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

Chinese Traditions

90-minute treatment

THB 7,500

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massage • Oriental Head Massage

Indian Traditions

90-minute treatment

THB 7,500

This beautifying regime features Ayurvedic traditions with aromas that bathed the grounds of Indian palaces. Allow the therapist to restore vitality to your energy channels and strengthen your immune system. The Shirodhara effectively relieves anxiety as a soothing stream of warm oils flows onto your forehead.

Ayurvedic Massage • Chakra Head Massage • Shirodhara • Lepamam • Steam Bath

Prices are inclusive of prevailing 10% service charge and 7% government tax.





TIME-HONoured TRADITIONS

Indonesian Traditions

120-minute treatment

THB 8,500

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Fresh Milk Nourisher •
Jamu Bath

Thai Traditions

120-minute treatment

THB 8,500

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher • Thai Herbal Heat Treatment • Herbal Enhancer • Thai Classic Massage • Aromatic Ginger Bath

Prices are inclusive of prevailing 10% service charge and 7% government tax.





TAILORED FOR YOUR SENSES

90-minute treatment	THB 7,000
120-minute treatment	THB 8,500
150-minute treatment	THB 10,000

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial
- 30-minute Calming Bath

For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage OR 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

**For optimal relaxation and benefit, the duration of combined massages would be 90 minutes.*

Prices are inclusive of prevailing 10% service charge and 7% government tax.





FULL BODY MASSAGES

60-minute treatment	THB 5,000
90-minute treatment	THB 6,000

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



FULL BODY MASSAGES

60-minute treatment	THB 5,000
90-minute treatment	THB 6,000

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.





FUSION FOCUS

30-minute treatment	THB 3,000
45-minute treatment	THB 4,000

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.

Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



BODY SCRUBS

30-minute treatment

THB 3,000

Apple Green Tea Polisher

for All Skin Types & Sensitive Skin

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

Ginger Lemon Cleanser

for Oily Skin

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

Kieffer Lime Refresher

for Normal & Oily Skin

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

Turmeric Honey Cleanser

for All Skin Types

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.



Prices are inclusive of prevailing 10% service charge and 7% government tax.





BODY CONDITIONERS

30-minute treatment

THB 3,000

Aloe Lavender Healer

for All Skin Types & Sensitive Skin

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

Chrysanthemum Enhancer

for All Skin Types

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

Honey Avocado Healer

for All Skin Types

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

Kieffer Lime Mask

for All Skin Types

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

Prices are inclusive of prevailing 10% service charge and 7% government tax.





CALMING BATHS

30-minute treatment

THB 2,000

Detoxing Bath

Relax your senses with a salt bath, an all-time favourite for centuries. Citrus fruits are added for extra zest.

Purifying Bath

Get pampered like royalty and unveil radiant, youthful skin after this moisturising bath.

Relaxing Bath

Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.

Rejuvenating Bath

Uplift your senses and brighten up dull skin with herbs such as cucumber and ginger, which are rich in Vitamin C and anti-oxidants.

Prices are inclusive of prevailing 10% service charge and 7% government tax.





FACIALS

Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.

Premium Time Defence

90-minute treatment

THB 5,500

For All Skin Types

A facial packed with skin renewal properties to bring out that youthful glow again. Nourish your skin with a cream mask filled with active serums and a radiance ice cube complex to reveal a visibly fresher-looking complexion and reduced fine lines.

Banyan Brilliance

90-minute treatment

THB 5,500

For All Skin Types

An ultra-firming facial to plump and rehydrate the skin. Aromatic complexes and active serums boost cellular renewal while a refreshing mineral mask deeply nourishes, leaving the skin firm, smooth and brilliant. This facial concludes with a radiance ice cube complex for a lovely glow.

Prices are inclusive of prevailing 10% service charge and 7% government tax.





FACIALS

Banyan Facial

60-minute treatment

THB 4,500

For All Skin Types

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask moisturise and brighten the skin, giving the face a fresh and healthy look.

Express

30-minute treatment

THB 3,000

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturise OR
Cleansing • Massage • Mask • Moisturise OR
Cleansing • Scrub • Massage • Moisturise

Prices are inclusive of prevailing 10% service charge and 7% government tax.





FACIALS

60-minute treatment

THB 4,500

Sheer Comfort

For Dry, Sensitive Skin

A calming treat that provides gentle comfort and soothes irritations, this facial reduces redness and dark spots with a moisturising cream mask enriched with anti-oxidising properties. Emerge from the finest Banyan Tree Spa experience with a dewy, radiant complexion.

Hydro Treat

For Normal, Combination Skin

Pamper dull devitalised skin with the moisture it craves with this intensive hydrating facial. Indulge in a mineral-infused velvet cream mask which soothes and nourishes, delivering a surge of rich comforting moisture, leaving the skin dewy and supple.

Perfectly Purified

For Oily, Congested Skin

A deep cleansing facial featuring traditional steam and a balancing face massage. Relax with a detoxifying face and eye mask to hydrate, purify and rebalance the skin. The result is a clear and shine-free complexion.

Prices are inclusive of prevailing 10% service charge and 7% government tax.





HAND & FOOT TREATMENTS

Treat your hands and feet to a pampering session, leaving them in tip top condition.

Banyan Hand Basics

60-minute treatment

THB 2,300

Keep your hands and nails in best condition with this beautifying regime which concludes with a rich moisturiser. Nails are trimmed and shaped to your preference.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Moisturising

Banyan Foot Basics

60-minute treatment

THB 2,500

Give your feet the attention they deserve. Start with a Foot Bath for thorough cleansing and a Foot Scrub to slough off dead skin. Then, nails are trimmed and shaped to your preference.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Moisturising

Nail Painting

30-minute treatment

THB 1,000

Brighten your day with beautifully painted nails. Enhance your hand or foot care with a neat application of nail polish.

Prices are inclusive of prevailing 10% service charge and 7% government tax.



PLEASE TAKE A MOMENT TO READ THIS

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.